



Equipped with Skills, Thriving in the Marketplace,
Grounded in Character.

Programme Report — Skills & Mentorship Programme

11–15 August 2025 | A.I.C. Ngong Hills, Ngong, Kenya | Theme: *Discovering My Identity* | 1st Edition

Executive Summary

The inaugural edition of the Grounded Generation Foundation (GGF) Skills & Mentorship Programme brought together 150 young participants across several age groups for five days of hands-on learning and mentorship during the August school holiday. The programme was facilitated by six skilled trainers across the skill areas and supported by eight dedicated mentors who guided the spiritual and psychosocial sessions. Combining practical skills training with biblical mentorship, this first edition established GGF's holistic model — nurturing both talent and character — and laid the foundation on which every subsequent edition has built.

150

young people reached

5

skill areas

5

days of learning

1st

programme edition

Skills Delivered

French Language

Led by a native French speaker and teacher, learners covered six lessons in five days — the French alphabet, pronunciation and sounds, silent letters, intonation and rhythm, greetings and politeness, and survival vocabulary. By the close of the week, learners could confidently introduce themselves in French and had developed a genuine appetite to keep learning.

Media

Learners were introduced to photography and videography: handling cameras, taking clear photos, and applying simple composition and lighting techniques. In videography they learned to set up cameras, record quality footage, and work in teams to capture short interviews. They finished proud to showcase their own photos and clips.

Digital Literacy

From the foundations of computer use, safe browsing and typing, learners progressed to practical coding — building simple web pages with HTML, CSS and JavaScript. The week's highlight was designing a demo website in groups, applying what they had learned and leaving excited to explore the digital space further.

Music

Learners combined theory with hands-on keyboard practice — posture and finger placement, keys and notes, triads and chords, beat, tempo and time signatures — working towards playing simple songs together. Beyond the piano, the class nurtured discipline, listening, teamwork and self-expression.

Crochet

Starting from basic stitches, learners quickly advanced to bracelets, hair bands, small bags, infant shoes and other creative pieces. Alongside the practical craft, crochet built patience, focus and perseverance — and opened the door to a potential income-generating skill.



Character Formation — Faith & Psychosocial Support

GGF grounds young people in character through two integrated streams — faith formation and psychosocial support. Led by eight mentors including pastors, psychologists and Sunday-school teachers, these sessions nurtured the spiritual and emotional growth of the young people. Each day carried a life-shaping theme:

- Self-acceptance — seeing themselves as God's masterpiece
- Healthy relationships — building trust, respect and boundaries
- Emotions management — understanding and expressing feelings in a godly way
- Decency — living with integrity and respect
- Effective communication — listening, expressing and engaging positively

The sessions were interactive and practical, helping learners connect biblical truth with everyday challenges. By the end of the week many young people showed greater confidence, stronger values and a clearer sense of identity.

Participant Feedback

Feedback — gathered from learners, mentors and facilitators — was overwhelmingly positive. Recurring themes included learners' enjoyment and requests for the programme to run more often, visible growth in confidence and enthusiasm, and high engagement throughout. In learners' own words:

- "I can now take photos and videos properly without fear."* — Media participant
- "I learned how to code my first website, and I want to continue."* — Digital Literacy participant
- "Crochet helped me discover that I can create things with my hands."* — Crochet participant
- "I am able to speak some French words fluently, translate phrases, and teach others."* — French participant

Team & Host

The edition was delivered by six skill facilitators and eight mentors — volunteers from the church and professionals from the local community — and hosted, as in every edition, by our first host partner, A.I.C. Ngong Hills.

Income & Costs

Income

Source	KES	USD
International donors	260,000	\$2,016
Local well-wishers	70,000	\$543
Total income	330,000	\$2,558

Programme Costs (true cost of this edition)

Programme cost category	KES	USD
Meals	67,090	\$520
Curriculum & materials	46,432	\$360
Logistics	12,460	\$97
Media coverage	20,180	\$156
Facilitation & labour	81,000	\$628
Total programme cost	227,162	\$1,761

Programme cost per participant: approx. KES 1,514 (USD 11.74). Income exceeding programme cost was directed toward the Foundation's Trust registration and legal set-up.

All funds were managed under GGF's financial procedures, with records kept for every contribution and expenditure.

Looking Ahead

Encouraged by this first edition, GGF committed to a second programme during the year-end school holiday, with plans to expand the skill areas, strengthen the mentorship pool and broaden community outreach — the beginning of a sustainable model for youth empowerment in Ngong and beyond.

Grounded Generation Foundation

Registered International Charitable Trust (Kenya, Trustees Act, Cap. 164)

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